

## Practice Makes Perfect: Improving Our Profession Mary T. Brownell

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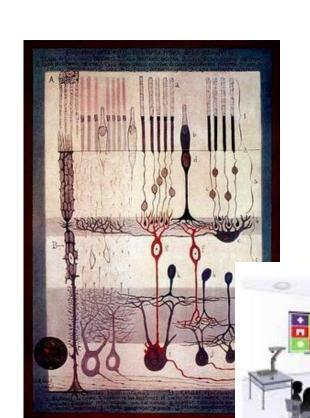
## Effective practice







## Effective practice (cont.)



Allows for the development of fluent performance and situated knowledge





When hockey great Wayne Gretzky was asked for the secret to his success, he replied, "I don't know; I just go to where the puck is going to be" (Berliner, 1994, p. 167). Although he cannot explain how or why he knows where to go, research suggests that it is not through some innate clairvoyant ability, but rather it is the result of thousands of hours of deliberate practice, years of experience, and the use of appropriate cognitive processes. One of these processes is intuition. Gretzky was subconsciously making very fast decisions based on his knowledge, stored memories, and a holistic view of his surroundings. -- Pierre & Smith, 2014



#### **Novices**



\*"they are prisoners of their own lack of experience and have no choice but to be relatively inflexible."

- Berliner, 1992





#### **Experts**



Make decisions that seem effortless, intuitive, and highly responsive to the situation at hand.





#### In initial preparation

experts





#### **Advanced Beginners**



♦ Rely less on ruledriven behavior and begin to use context to determine when to apply rules.





# A Practice-Based Approach





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## Three Key Ideas







#### **Practices are learnable**







### They can be refined

♦ through on-going learning





## **High Quality Practice**























#### Coursework



Field work





## Too much heterogeneity







## **Moving Forward**









♦ Reasonable set of practices that:

- are the essence of effective teaching, leading, etc.
- can improve student outcomes
- are fundamental to developing more complex practice





#### This might involve

♦ Difficult conversations about what to emphasize and what to eliminate





k

Consistent

Coherent

Connected





#### Less authentic

- Fewer facets of practice highlighted
- Narrower participation of novice
- Greater opportunity for rehearsal

Engaging in a live role play

Analyzing a written case

the practice with more support

Crafting a

piece of

practice

#### More authentic

- More complete representation of practice
- More full participation by novice
- Closer to real time





#### **Deliberate Practice**







## High Quality Practice (cont.)











#### You can retrieve at

- **♦** CEEDAR Center Reports
- **♦GTL Center Resources**





#### **Questions?**





