LESSON STUDY: A PRACTICE-BASED APPROACH FOR INCREASING PRESERVICE TEACHERS’ INSTRUCTIONAL AND COLLABORATIVE SKILL FOR INCLUSIVE TEACHING
PRESENTERS

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WHY IS PRACTICE IMPORTANT?

Allows for the development of fluent performance and situated knowledge.
WHAT CHARACTERIZES EFFECTIVE PRACTICE?
# ESSENTIAL FEATURES OF DELIBERATE PRACTICE

<table>
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<tr>
<th>MODELING</th>
<th>SPACED LEARNING</th>
<th>VARIED LEARNING</th>
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<td>• Demonstrates what is involved in effective performance</td>
<td>• Provides sustained &amp; repeated opportunities to practice knowledge over a period of time.</td>
<td>• Provides opportunities to practice knowledge and skills across varying contexts, with a diverse range of student learners.</td>
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ESSENTIAL FEATURES OF DELIBERATE PRACTICE

COACHING AND FEEDBACK
• Provides explicit feedback on practice attempts

ANALYZING AND REFLECTING
• Engages in analysis and reflection of practice to deepen knowledge and expertise.

SCAFFOLDING
• Provides opportunities to practice that gradually increase in complexity over time.
LESSON STUDY

• A practice-based approach that incorporates many of the features of effective practice
A PRESERVICE AND INSERVICE EXAMPLE
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