Explicit Instruction Structured Protocol & Lesson Planning Template
Phase 1: Neutral Content, Peers

A Simulation of Explicit Instruction
Describing and modeling: How to Pack a Lunch
Preparing for the simulation

Directions: The purpose of this exercise is to practice describing and modeling components of explicit instruction. You are describing and modeling how to pack a lunch to one or more of your peers. Remember, the focus of this exercise is for you to practice describing and modeling. Your goal is to provide an accurate description of the steps and a think-aloud model for packing a lunch. You should be able to perform the instructional component of the task in 5-6 minutes.

Your task:
1. Consider the steps for packing a lunch (see below).
2. Consider how you will describe those steps to your peer(s), providing at least one example and non-example.
3. Consider how you will emphasize critical components of packing a lunch.
4. Consider how you will model packing a lunch, including thinking aloud.

Scoring Criteria: You are being assessed on your planning and skillfulness in:
1. Clearly and concisely describing how to pack a lunch.
2. Using an appropriate example and non-example to add clarity.
3. Using verbal and/or non-verbal cues to emphasize critical information or steps.
4. Accurately modeling the steps.
5. Thinking aloud while modeling.
6. Using appropriate pacing and time.

Steps for Packing a Lunch
1. Select an appropriate container.
2. Set your menu.
3. Check your supplies.
4. Note refrigeration needs.
5. Prepare the food.
6. Try to include a main dish, fruits and vegetables, a treat, and a beverage.
7. Include utensils and napkins as needed.
Lesson Planning Template

Use the space below to plan for your simulation.

1. Write your notes for **describing** how to pack a lunch:

2. What example and non-example will you use?

   Why did you choose that example/non-example?

3. What verbal and non-verbal cues will you use to emphasize critical information?

4. Write your notes for **modeling and thinking aloud** about how to pack a lunch:

5. How might you have your peer(s) practice packing a lunch?

6. What components of packing a lunch do you think might be challenging for someone trying it for the first time?