

Explicit Instruction Structured Protocol & Lesson Planning Template

Phase 1: Neutral Content, Peers

A Simulation of Explicit Instruction

Describing and modeling: How to Pack a Lunch

Preparing for the simulation

Directions: The purpose of this exercise is to practice describing and modeling components of explicit instruction. You are describing and modeling how to pack a lunch to one or more of your peers. Remember, the focus of this exercise is for you to practice **describing and modeling**. Your goal is to provide an accurate description of the steps and a think-aloud model for packing a lunch. You should be able to perform the instructional component of the task in 5-6 minutes.

Your task:

1. Consider the steps for packing a lunch (see below).
2. Consider how you will describe those steps to your peer(s), providing at least one example and non-example.
3. Consider how you will emphasize critical components of packing a lunch.
4. Consider how you will model packing a lunch, including thinking aloud.

Scoring Criteria: You are being assessed on your planning and skillfulness in:

1. Clearly and concisely describing how to pack a lunch.
2. Using an appropriate example and non-example to add clarity.
3. Using verbal and/or non-verbal cues to emphasize critical information or steps.
4. Accurately modeling the steps.
5. Thinking aloud while modeling.
6. Using appropriate pacing and time.
7. Using learner-friendly language.

Steps for Packing a Lunch

1. Select an appropriate container.
2. Set your menu.
3. Check your supplies.
4. Note refrigeration needs.
5. Prepare the food.
6. Try to include a main dish, fruits and vegetables, a treat, and a beverage.
7. Include utensils and napkins as needed.

Lesson Planning Template

Use the space below to plan for your simulation.

1. Write your notes for **describing** how to pack a lunch:

2. What example and non-example will you use?

Why did you choose that example/non-example?

3. What verbal and non-verbal cues will you use to emphasize critical information?
4. Write your notes for **modeling and thinking aloud** about how to pack a lunch:

5. How might you have your peer(s) practice packing a lunch?

6. What components of packing a lunch do you think might be challenging for someone trying it for the first time?