

Imagine you are asked to fix a three-course meal for 12 people. Here is the menu:

First Course: Tandoori Mackerel

Second Course: Lamb Chili Masala

Third Course: Gulab Jamun



What about this task would intimidate you?

What would be your preferred method for beginning to learn about how to prepare this meal?

How would you proceed after overcoming your barriers and preparing to begin?